



Fort Sam Houston

News Leader



Vol. 38, No. 43

Fort Sam Houston – Home of Army Medicine

Oct. 26, 2006

Briefs . . .

Practical Nurse Course graduation

The Brooke Army Medical Center Practical Nurse Course, 68WM6, Class 05-10, graduation ceremony will be held Friday at 9 a.m. in the Roadrunner Community Center on Stanley Road. The Practical Nurse Course, Building 2635, will be closed for the day due to graduation activities. For more information, call Nancy Long at 295-4050.

Boxing at the Brought III

The public is invited to Boxing at the Brought III Saturday starting at 6 p.m. at the Jimmy Brought Fitness Center. Doors open at 5 p.m. Boxers include military and civilian competitors. Admission is \$3, which includes an after-party. People should enter at the Walters Street gate off of Interstate Highway 35. For more information, call the Morale, Welfare and Recreation Sports Branch Boxing Club at 221-1532 or 221-1342 or e-mail Douglas.stanley@samhouston.army.mil.

Vehicle registration required

Phase II of the Vehicle Registration Campaign is in effect through Sunday. Drivers who do not have their vehicles registered will be issued a traffic citation at the visitors' entrance gates and will have 10 working days to register their vehicles. Phase III, which runs Monday through Nov. 12, is the enforcement phase. Drivers who were issued a citation and have exceeded the 10-day period will be denied access. Newly assigned personnel will be issued a citation and will have 10 days to register their vehicles.

Gas pump closure

The gas pumps at the shoppette across from the Walters Street gate will close Monday for about a week so new pumps can be installed.

Trick or treat hours

The installation Halloween trick or treat hours will be Tuesday from 6 to 8 p.m. Only authorized Department of Defense cardholders and their family members will be allowed access to the installation for trick or treating. Visitors without DoD ID cards attending unit functions or private parties will be allowed access.

Lt. Gen. Sanchez retires

Lt. Gen. Ricardo Sanchez, the former commander of coalition ground forces in Iraq and the highest-ranking Hispanic in the U.S. Army, will retire Wednesday at 8 a.m. at MacArthur Parade Field.

Retiree Appreciation Day

The Fort Sam Houston Retiree Council and the Retirement Services Office will host the annual Retiree Appreciation Day Nov. 4 from 8 a.m. to 1 p.m. at the U.S. Army Medical Department Center and School, Building 2841, Willis Hall, at the corner of Harry Wurzbach and Stanley roads. Brooke Army Medical Center will provide flu

See BRIEFS on Page 4

Daylight-savings time



It is time again to fall back. Don't forget to turn clocks back an hour Sunday at 2 a.m.



Photo by Elaine Wilson

Maj. Mark Fitch spends time with his wife, Jennifer, and daughter, Kaelyn, Monday at the deployment ceremony for the 79th Ordnance Battalion (Explosive Ordnance Disposal). Fitch is one of 37 Soldiers who is deploying to Iraq for a year in support of Operation Iraqi Freedom.

EOD unit deploys to Iraq

By Elaine Wilson
Fort Sam Houston Public Information Office

Post leaders, family and friends gathered Monday at the Roadrunner Community Center to say their final farewells to 37 Soldiers from the 79th Ordnance Battalion (Explosive Ordnance Disposal), who are deploying to Iraq in support of Operation Iraqi Freedom.

"The 79th Ordnance Battalion (EOD) has been working hard for nearly a year under able leadership," said Col. Karl Reinhard, commander, 71st Ordnance Group (EOD), at the deployment ceremony. "These Soldiers are ready for the challenges that lie ahead."

The Soldiers' mission in Iraq will be to identify, render safe, destroy or eliminate any explosive hazards that jeopardize the safety of coalition forces or the local population. The majority of explosive hazards comprise unexploded ordnances, improvised explosive devices and vehicle-borne explosive devices.

"The job is dangerous," said Brig. Gen. Kevin Wendel, com-

mander, 20th Support Command (Chemical, Biological, Radiological, Nuclear and high-yield Explosives), "but these kinds of units are making a difference. It is an amazing number of Soldiers and civilians they will save.

"If you saw the statistics, you would see the enormous impact these professionals make," he said.

The deployment marks the fourth for the battalion in support of the war on terrorism. The battalion deployed to Afghanistan in 2002 and to Iraq in 2003. In 2005, 18 Soldiers returned from Iraq on a somber note, as one of their Soldiers, Staff Sgt. Daniel Gresham, died in the line of duty.

"The Soldiers of the 79th Ordnance Battalion (EOD) are warriors; living the warrior ethos and Army values, doing what's right, because they can accept no less from themselves or others," said Lt. Col. Marue Quick, commander, 79th Ordnance Battalion (EOD). "It is truly inspiring to look out upon them today and see a visible indication of what is 'right' within America, and specifically, within the 79th.

See EOD DEPLOYS on Page 4

USARNORTH mission ready; full operational capability reached

U.S. Army North, the Army's newest Service Component Command, reached full operational capability Oct. 16.

As part of Army transformation, USARNORTH was conceived to be the dedicated Army Service Component Command to U.S. Northern Command, the unified command responsible for defending the U.S. homeland and coordinating defense support of civil authorities.

In September 2005, USARNORTH achieved initial operating capability.

The command is charged with specif-

ic mission tasks:

Execution of homeland defense and defense support of civil authorities missions.

Provide training and readiness oversight of certified weapons of mass destruction civil support teams.

Conduct the Army-to-Army portion of the theater cooperation mission with Canada and Mexico.

Coordinate the activities of defense coordinating officers and their elements assigned in each Federal Emergency Management Agency region.

Organize up to two task forces that, with augmentation, can become joint task forces and deploy within the operational area to command and control Department of Defense forces responding to homeland defense or civil support operations.

For the past 12 months, ARNORTH has been building its organization, readiness and mission capability. ARNORTH officially assumed the Army component command duties from U.S. Army Forces Command Oct 1.

(Source: USARNORTH)

Giving campaign raises millions for local, national charities

By **Olivia Mendoza**
Fort Sam Houston Public Information Office

The Fort Sam Houston U.S. Army Garrison kicked off its 2006 Combined Federal Campaign Oct. 19 with a ceremony at the Roadrunner Community Center. The campaign will run through Dec. 15.

“Last year our garrison raised about \$97,991 for CFC organizations. This year we hope to raise 2.5 percent increase than last,” said Paul Mathews, director of the Directorate of Morale,

Welfare and Recreation.

Each year, more than 300 CFC campaigns throughout the country and internationally help to raise millions of dollars, according to the U.S. Office of Personnel Management.

CFC 2006 is an important program,” said Col. Wendy Martinson, Fort Sam Houston U.S. Army Garrison commander. “CFC is nearly 4 million strong with federal employees and military members who participate and contribute to charities of their choice every year.”

By designating where their CFC contributions go, people can ensure their donations meet the needs that they feel are most important. Funds contributed without designation will be distributed throughout the organizations.

“There are 14,000 agencies nationally and internationally participating in the program. Forty local charities are qualified for the program every year,” Martinson said. “There is no lack of need out there.

“You get to decide if you want to contribute,” she added. “It is not mandatory,

but it is mandatory that everyone has an opportunity to contribute in a way they feel is comfortable and appropriate for them.”

Greg Tatum, CFC project manager, encouraged participation at the kick off. “It is not how much you give, but just the idea of giving; that’s what makes a difference. Even if you give a little bit, that little bit is combined with other little bits and together we can all make a difference.”

To make a change in someone’s life, contact a unit CFC representative.

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CID activates new detachment

By Esther Garcia
Fort Sam Houston Public Affairs Office

It has been 37 years since the guidon for the 25th Military Police Detachment, Criminal Investigation Division, was flown.

On Oct., 17, under a drizzle of rain, history was made as the 25th MP Detachment, CID, guidon was unfurled during an activation ceremony on the grounds of the CID headquarters on Wilson Road.

The detachment is a subordinate unit of the 11th Military Police Battalion, CID, Fort Hood, Texas, under the command of Lt. Col. Carter Oates.

"The Army chief of staff continues to stress to our Soldiers and leaders that we must be relevant and ready as our environment around us changes," said Oates, guest speaker for the activation ceremony. "In order to remain relevant and ready it was extremely important that we activate the 25th MP Detachment, CID, here at Fort Sam Houston.

"Army CID has already proven that it is relevant and ready as units continue to rotate in sup-



port of Operation Iraqi Freedom," said Oates.

"The new detachment will allow us to provide more support to commanders and the community in fighting felony crimes and focusing on other areas that were limited due to the number of people," said Chief Warrant Officer Mark Nash, special agent in charge, CID.

"We can be more proactive going after major felony crimes," he said.

The 25th MP Detachment, CID, was activated in 1952 at Camp Gordon, Ga. In 1953, the unit relocated to Aberdeen Proving Grounds, Md. The unit performed its investigative mission there until 1965. In 1965, the detachment was relocated to Italy, where it remained until it was deactivated in 1969.

"I am truly confident that with over 75 percent of CID detachments already being deployed, it is only a matter of time before the lineage of honors gets longer as we continue to write the history for the 25th Military Police Detachment, Criminal Investigation Division," Oates said.



Photo by Doug Meyer

Staff Sgt. Christopher Prother; Chief Warrant Officer Mark Nash, special agent in charge, Criminal Investigation Division; and Lt. Col. Carter Oates, commander, 11th Military Police Battalion, CID, Fort Hood, Texas, unfurl the 25th Military Police Detachment CID guidon for the first time in 37 years.

Medical logisticians are lifeline for health care

By Esther Garcia
Fort Sam Houston Public Affairs Office

Medical logisticians, or 70Ks, took a break from their normal classroom routine Oct. 10 to welcome guest speaker, Maj. Gen. Russell J. Czerw, commanding general, Army Medical Department Center and School and Fort Sam Houston, to the Logistics Management Branch.

"You provide an incredibly important lifeline in efforts to save lives of Soldiers," Czerw said to the class.

Czerw said logisticians have tough calls to make regarding supply, transport and storage of medical supplies and maintenance and repair of medical equipment. "You must do the right thing

to protect the troops," he said.

"The commanders you support consider you experts, and the expectation is that when something is needed you know how to get it. You are the experts who know the key strokes within the medical supply system," said Czerw.

Medical logisticians acquire materiel for the supply chain, manage the supply chain, distribute medical materiel and medical repair parts for medical equipment, distribute blood and handle optical fabrication.

"Medical logisticians basically get materiel from the vendor to the care provider and ensure that materiel gets to the provider from them (medical logisticians) to the garrison and to forward-deployed elements," said Capt. Wayne

Schintgen, instructor/writer, Logistics Management Branch.

"Health care starts with medical logistics," said Lt. Col. Anthony J. Lopiccolo Jr., chief, Logistics Management Branch. "That is the medical logistics motto. All other medical bosses, of whom medical logistics is one of them, would not be able to function without medical logistics."

Lopiccolo has served as a medical platoon leader and company commander, and has worked in a fixed facility and on the field side of the house. He has been deployed to work with allies to help teach them the way the Army does combat health logistics support.

See **LOGISTICIANS** on Page 4



Photo by Phil Reidinger

Lt. Col. Anthony Lopiccolo, chief, Logistics Management Branch, welcomes Maj. Gen. Russell J. Czerw, commanding general, Army Medical Department Center and School and Fort Sam Houston, to the logistics management course.

Cell phone policy

Drivers must use hands-free devices or park

As stated in Army Regulation 190-5, vehicle operators on a Department of Defense installation and operators of government-owned vehicles will not use cell phones unless the vehicle is safely parked or drivers are using a hands-free device. Other hands-free devices, such as portable headphones, earphones or any other listening device (except for hands-free cellular phones) while operating a motor vehicle are prohibited.

Use of those devices impairs driving and masks or prevents recognition of emergency signals, alarms, announcements, the approach of vehicles and human speech.

Any activity a driver engages in, besides the task of driving, has the potential to distract. We must remind our drivers that their primary responsibility is to drive safely.

Russell J. Czerw
Major General, DC
Commanding

Celebrate America's Military events

Purple Heart Monument Dedication

The Military Order of the Purple Heart Chapter 1836 will host a Purple Heart Monument Dedication ceremony Nov. 3 from 10 to 11 a.m. at the Bexar County Justice Center, Dolorosa and Main streets. The event is free and open to the public. For more information, call Tony Roman at 699-0292.

San Antonio Symphony concert

The San Antonio Symphony will perform Nov. 9 from 6:15 to 9 p.m. at the Municipal Auditorium, 100 Auditorium Circle. The U.S. Army's Old Guard Fife and Drum Corps will perform outside the Municipal Auditorium. The event is free and open to the public; however, a ticket is required for the event. Tickets for military personnel are available at the ticket office in the Sam Houston Club. For more information, call the San Antonio Symphony Box Office at 554-1010.

Buffalo Soldier Commemorative Ceremony

A Buffalo Soldier Commemorative Ceremony will be held Nov. 11 from 1:30 to 2:30 p.m. at the San Antonio National Cemetery, 517 Paso Hondo St. The guest speakers for the event are retired Maj. Gen. Irene Trowell-Harris, director of the Veterans Affairs Center for Women Veterans, and retired County Judge Edward Harrison, of Brenham, Texas. The event is free and open to the public.

Veterans parade, Wreath Laying ceremony

A Veterans Day parade and Wreath Laying ceremony will be held Nov. 11 at 11 a.m. at the Alamo, 300 Alamo Plaza; the parade will begin at 1 p.m. Grand Marshalls for this year's parade are Brig. Gen. P.K. Keen, commanding general of U.S. Army South; Adm. John B. Nathman, commander, U.S. Fleet Forces Command; Lt. Gen. Dennis Larsen, vice commander, Headquarters U.S. Air Force Education and

Training Command; and Lt. Col. Marc L. Magram, U.S. Marine Corps.

Veterans Day ceremony at Fort Sam

The community is invited to Fort Sam Houston's Veterans Day ceremony Nov. 11 at 9:30 a.m. at the Fort Sam Houston National Cemetery. The keynote speaker for the event will be Cmdr. Bradley Lee, commanding officer of the USS San Antonio. The event will include a wreath and banner presentation, gun salute, a tribute to veterans from the Native American community, and music from the U.S. Army Medical Command Band and the Texas Children's Choir.

Pow Wow to honor veterans

In honor of Veterans Day and Native American Heritage Month, the community is invited to the seventh annual Pow Wow Nov. 11 from 10 a.m. to 9 p.m. at the 32nd Medical Brigade Central Gym, Building 961. The event will include intertribal and exhibition dances, vendors and food. For more information or to request reasonable accommodation for a disability, call Glenn Ribblett at 221-9401.

Freedom Fest

A Freedom Fest will be held Nov. 11 from 3 to 7 p.m., at the Milam Park, 500 West Commerce St. There will be exhibits, food booths and musical entertainment by the Navy Rock Band and local musician, Jay Perez. The event is free and open to the public.

San Antonio Zoo military discount

On Nov. 12, the San Antonio Zoo, located at 3903 N. Saint Mary's St., will offer military personnel and their immediate families a 50 percent discount on admission tickets. Patrons must show a military ID card to receive the discount.

EOD deploys

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“No human being could fail to be moved by their honor, integrity and courage – sacrificing their freedoms, personal safety and time with family and friends to ensure those very rights are maintained and enjoyed by the citizens of Iraq,” Quick said. “Our country has never been served better.”

In turn, the family and friends left behind also must sacrifice, as they prepare for a holiday season without their loved ones. The sacrifices do not go unnoticed, Reinhard said. “I want to thank each Soldier’s family. Our Soldiers, on the brink of deployment, need your support.”

That support was evident at the ceremony, which was surprisingly upbeat.

“I feel prepared,” said Jennifer Fitch, wife of Maj. Mark Fitch. “I’m prior military which gives me an edge; I know first hand that there are good resources out there.”

The Fitch family purchased a computer camera as well as a life-size cardboard cutout of Mark so their 15-month-old daughter, Kaelyn, can see her father every day.

“When I walk in a room, he’s there,” Jennifer said. “It startles me sometimes.”

Although sad to leave his family, the major said he is ready to go. “We worked real hard for the last year to get where we’re at.

“It’s game time.”



Sgts. Sydney Calderon (far left) and Steven Yelverton (far right) enjoy a few minutes with their friends, Monica Alonzo (center left) and Crystal Adames.



Photos by Elaine Wilson

(Above) Sgt. Mariam Soto shares popcorn and a few last minutes with her children, Katherine and Kaidin, before her departure to Iraq.

(Left) Lt. Col. Marue Quick, commander, 79th Ordnance Battalion (Explosive Ordnance Division), says goodbye to J.R. Ravenhorst, son of Capt. Rusty Ravenhorst, while J.R.’s mother, Julie, looks on. “We take tremendous pride in taking care of our Soldiers and families,” Quick said.

Logisticians

Continued from Page 3

Sixteen programs of instruction are taught at the Logistics Management Branch. They vary between an officer’s area of concentration, enlisted and warrant officer military occupational specialty. The branch also teaches tracks within the Basic Noncommissioned Officer course, said Lopiccolo.

The health services materiel officer course is for officers, warrant officers and Department of the Army civilians. The students come from within the states and overseas. “They are Reserve, National Guard and active duty,” said Schintgen.

“The class is held three times a year. All the students are Medical Service Corps. When they take this class they specifically become 70K. MSC is 70 Bravo, and within the MSC we have different specialties or functions, kilo being the medical logistician,” said Schintgen.

Fort Sam Houston is the only place that trains the 70 K course, said Schintgen, “We teach each different echelon of logistics to cover the whole spectrum,” he said.

Medical logistics includes everything from a Band-Aid to an MRI machine, everything you might find in a hospital or small clinic.

“Some of the medical materiel is Army specific, which we call green items, something you wouldn’t see in a regular hospi-

tal or clinic, such as a field dressing that a Soldier carries with him,” said Schintgen.

Other green items include medical equipment sets that each unit has and deploys with. Each unit gets a sick call set, an aid station and a trauma set in each aid station. In each trauma set there are different types of equipment such as traction devices, litters, oxygen, everything that might be required to treat trauma patients.

Medical logisticians play a vital role supplying field hospitals and units on the battlefield, such as Iraq or Afghanistan.

“Getting supplies overseas is about going through the global supply chain. We have the United States Army Medical Materiel Center, Europe,” said Schintgen. USAMMC-E maintains a large warehouse and is responsible for requisitioning medical supplies for United States Army Europe and Central Command, in this case Afghanistan and Iraq,” said Schintgen. Depending where the supplies are requisitioned from, supplies are delivered fairly quickly, said Schintgen.

“We do all our requisitions from the battlefields, for example, through an automated information system. We requisition materiel at the most forward point possible. There is a supply chain in place where we have materiel flown in from a vendor in the United States to Germany. From Germany, medical materiels are delivered



Photo by Phil Reidinger

Students attending the medical logistics management course met with Maj. Gen. Russell J. Czerw. “You are the experts who know the key strokes within the medical supply system. The Army Medical Department is a wheel with multiple cogs and each cog on the wheel — you as logisticians are one — must be integrated and mesh with other members of the AMEDD team to accomplish missions effectively,” Czerw said.

to Qatar or directly to Balad or Bagdad, Iraq,” said Schintgen.

“I just came back from Iraq in February. My order ship time ranged from 72 hours to seven days, depending on what I was ordering. Routine items and stocked items were received fairly quickly,” said Schintgen.

The Logistics Management Branch currently has 20 instructors. At any given time

three or four classes are held at one time. “We have a good mix of instructors and staff. We have instructors who have previously deployed who can give real life work experience to the students,” said Lopiccolo.

“You develop a passion for what you do. Once you have attained passion for medical logistics everything will click, get in the groove, and it will show. We make things happen,” said Lopiccolo.

Briefs

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shots, as available, beginning at 8 a.m. Other medical services will be available as well. For more information, call 221-9004.

Legal assistance appointment changes

Starting Nov. 6, the Fort Sam Houston Legal Assistance Office will offer walk-in appointments, except for wills, Mondays starting at 1 p.m. and Fridays starting at 8:30 a.m. Appointments will be on a first-come, first-served basis with priority service for military in uniform. People can sign-up 30 minutes prior to the scheduled start time. Additionally, walk-in service is no longer available for wills; people must now make an appointment for will service, which is offered Wednesdays. The legal office will continue to offer appointments Mondays, Tuesdays, Thursdays and Fridays as attorney availability and mis-

sion requirements permit. For more information, call 221-2353 or 221-2282.

Silver Caduceus Society luncheon

The Silver Caduceus Society will host a membership and mentorship luncheon Nov. 9 at 11 a.m. at the Picante Grill on the corner of Broadway and Pershing roads. The guest speaker will be Col. Robert Thompson, branch chief of the Medical Service Corps from the Human Resources Command. The Silver Caduceus Society, open to Medical Service Corps officers, is dedicated to professional and personal development. For more information, call Col. Bradley Freeman at 221-6075.

Maj. Gen. Webb retires

Maj. Gen. Joseph Webb, the U.S. Army deputy surgeon general, will retire Nov. 9 at 8 a.m. at MacArthur Parade Field.

‘Adopt a Soldier’ for Thanksgiving Day

Families can invite 32nd Medical Brigade Soldiers into their home for a family-style Thanksgiving dinner through the “Adopt a Soldier” holiday program. For more information or to register, call the Army Medical Department Regimental Chapel at 221-4362 or 221-3390.

CFC under way at AMEDD

The world’s largest and most successful annual workplace giving campaign is under way at the Army Medical Department Center and School, to include the 32nd Medical Brigade. Combined Federal Campaign collections from the first three weeks resulted in achieving 38 percent of the \$283,275 annual goal. Pledges support eligible non-profit organizations that provide health and human service benefits throughout the world. For key worker contact information, visit <http://www.cs.amedd.army.mil>.

Residents can gauge utility usage during mock billing stage

Lincoln Military Housing is preparing to implement the Resident Utility Program. The first step is to start mock billing, which will begin in Fort Sam Houston family housing over the next few months. Residents will be notified before mock billing starts.

How it works

During the mock billing stage, residents will be provided with information regarding their consumption and costs as compared to the allowance appropriate for their home. The monthly utilities allowance is based on the average consumption used in the resident’s house as well as similar houses.

While mock billing is in effect, residents will not be responsible for paying any overages and will not receive payments from savings. Following the mock billing period, normal billing will commence. At this time, residents who conserve at certain levels will have the opportunity to receive a payment or credit; those who do not conserve will be required to pay for their excess consumption.

BAH and utilities

In computing the basic allowance for housing, the Department of Defense includes local price data of rentals, average utilities and renter’s insurance. DoD collects the data annually, in the spring and summer when housing markets are most active. However, DoD has never separated rent, utilities and insurance into individual amounts. Therefore, the BAH amount has no relationship to what the Soldier will be charged for utilities.

An average utility allowance will be identified for each Soldier from within their rental payment based on the average cost of utilities for comparable homes in their housing areas. The utility allowance will be used to pay for each Soldier’s gas and electricity.

Soldiers residing in government housing are used to the government paying all expenses associated with living in housing, to include utilities and damage to personal property. As a result, many military families are not motivated to conserve energy. If Soldiers conserve and use utilities wisely, there will be little or no out-of-pocket expenses. Responsibility means awareness of usage and conservation. If utilities are used responsibly and are below an established baseline, families will receive a rebate. Only if they consume above that baseline will Soldiers owe the difference.

Under privatization, Soldiers’ BAH is used locally to eliminate inadequate housing and provide Soldiers and their family members with improved homes and high quality community and recreational facilities. The savings made by conserving energy will stay local and means more money for construction of new homes and community facilities at the installation.

Utilities in historic homes

LMH expects renovated

historic homes to have larger utility bills than newly constructed homes. However, the mock billing process will establish the baseline for these types of homes. A resident’s monthly utilities allowance is based on the average consumption used in the resident’s house and other similar houses in the village. Therefore, the average utility allowance identified for historic homes will most likely be greater.

Benefits of on-post living

Benefits of on-post living remain the same except now Soldiers have the opportunity to live in much better housing than ever before. Soldiers are not required to live in on-post privatized housing.

However, feedback from Soldiers indicate they enjoy many benefits from living on post, including quality homes, good maintenance, lawn maintenance, an increased sense of safety and security and improved access to services.

LMH is still finalizing processes that will allow them to create a baseline for on-post homes. As the mock billing stage nears, LMH will host Town Hall meetings to pass on more information about the Resident Utility Program.

For more information, call LMH at 270-7638 or e-mail questions@samhoustonlpc.com.

(Source: Residential Communities Initiative)

Fort Sam Houston voting assistance officers

For voting assistance, call or e-mail area voting assistance officers listed below:

Command	Voting Assistance Officer	Phone	E-mail
MEDCOM	Col. Bradley Freeman	221-6075	bradley.freeman@amedd.army.mil
MEDCOM POC	Capt. Jacob Gin	221-7801	jacob.gin@amedd.army.mil
HQ, MEDCOM	Capt. Sarantya Wilson	916-9377	wilsonst@amedd.army.mil
VETCOM	CW5 Suzan Farrell	221-6523	suzan.farrell@amedd.army.mil
DENCOM	Lt. Col Mark Morgan	221-8241	mork.morgan@amedd.army.mil
AMEDDC&S	Maj. Kevin Gopon	221-6324	kevin.gopon@amedd.army.mil
32nd Med Bde	Maj. Kevin Gopon	221-6324	kevin.gopon@amedd.army.mil
ARNORTH	Capt. Darrell Retherford	295-8816	darrell.f.retherford@us.army.mil
BAMC	Staff Sgt. Curtis Morrison	916-9377	curtis.morrison@amedd.army.mil
USA Garrison	Cynthia Taylor	221-0107	cynthia.taylor@samhouston.army.mil
DENTAC	Capt. Carl Shaw	295-2648	carl.shaw@amedd.army.mil
SWRO IMA	Randy Blackburn	295-2143	randy.blackburn@samhouston.army.mil
FSH	Linda Green	295-8516	lind.green@samhouston.army.mil
USARSO	Capt. Aaron Shamblin	295-6580	aaron.shamblin.army.mil

Post Pulse: How would you report alleged spouse abuse?



“I would contact my commander, and refer the person to the Family Advocacy Program.”
Staff Sgt. Ruth Felix



“I would report the alleged abuse to Army Community Service at the Road-runner Community Center.”
Felipe Ramos



“I would report the abuse to the military police.”
Capt. Richard Rivera
(former New York City police officer)



“I would contact a chaplain to report the abuse.”
Spc. Michael Sims

Domestic Violence Prevention Awareness Month Victim advocates can help stop cycle of abuse

By Angela M. Swain
Army Community Service Family Advocacy Program

Millions of people deal with violence at home, but it is usually hidden from outsiders and guarded as the “family secret.” Therefore, a cycle of abuse can be perpetuated from one generation to another and can affect people from all walks of life.

Domestic or family violence is the use of abusive and violent behavior among married people or intimate partners. Domestic violence takes a toll on victims, their children, relatives and friends, both emotionally and physically. Domestic violence homes offer limited stability, reassurance, harmony and protection. Additionally, where domestic violence is present, there is an increased threat of marital rape, substance abuse and safety risks due to firearms.

The majority of victims are women (95 percent); however, men are victimized as well, but often do not report

it. Some people believe violence is the only way to solve problems or exercise power and control over another. However, this kind of behavior is against the law.

Violence rarely goes away by itself. The truth is that domestic violence can and usually does get worse and can result in death. The decision to leave is the choice that presents the greatest risk of danger; however, safe haven support is available for victims of domestic abuse and their children.

There are victim advocates at Fort Sam Houston who can assist clients with an abusive relationship. A victim advocate is someone who takes up the cause for victims of domestic violence and acts as “their voice in the sys-

The following are restricted reporting contacts:
Brooke Army Medical Center Department of Social Work, 916-3020
Army Community Service Family Advocacy Program, 221-2705 or 221-0349
ACS FAP Victim Advocacy Program, 221-0600, 221-1505 or 221-1496

The following are unrestricted reporting contacts:
Fort Sam Houston Law Enforcement, 221-2222
Bexar County Family Justice Center, 208-6800, ext. 116 or 117
For off-post incidents, dial 911 and ask for the San Antonio Police Department
National Domestic Violence Hotline, 1-800-799-SAFE (7233)
Local battered women’s shelter, 733-8810 or 930-3669
For the hearing impaired (TTY), 1-800-787-3224

tem.” Advocates seek to provide strength, comfort and life-saving options to those who are abused. The victim advocate and client work as a team and assess risk factors that may be life threatening and jeopardize the safety of

See **CYCLE OF ABUSE** on Page 7

Cycle of abuse

Continued from Page 6

the client and their children.

One of the advocates’ goals is to understand the client’s perspective in terms of where they are emotionally, physically, spiritually and financially. The victim advocate seeks to assist the client and address needs, such as money, housing, legal and safety concerns. Advocates work to provide a number of support services.

The Victim Advocate Program provides encouragement and emotional support. Clients are reminded they have the right to be treated with fairness, dignity and respect. The victim advocate educates clients about their rights and entitlements as military spouses. They can intervene on behalf of victims with military organizations, to include command, Department of Social Work, legal, the Case Review Committee and other helping agencies.

The goal is to empower clients and remind them they are the decision maker.

Advocates also inform victims about the eligibility criteria for “transitional compensation.” This military benefit provides

temporary financial assistance for eligible family members while they re-establish their lives if there has been a court martial or an administrative discharge. The civilian sector makes crime victims’ compensation available depending upon eligibility.

The victim advocate pursues strong partnerships with other helping agencies while seeking to honor the restricted reporting option. With the restricted option, the client only shares information with a victim advocate, family advocacy program manager or a health care provider. No command contact or investigation will be made unless imminent danger exists, and the client can still receive counseling services. The unrestricted reporting option may lead to an investigation or involve law enforcement. Clients sometimes seek assistance with obtaining a “no contact order” or a “protective order.”

If you or someone you know is a victim of domestic abuse, there is help out there, whether through a victim advocate or some other avenue of assistance. Help save lives; stop domestic violence.

First Marine selected to attend physician assistant school

On Oct. 10, Capt. Alison Salerno became the first Marine to be selected for an Army training position at the Interservice Physician Assistant Program at the Army Medical Department Center and School.

Salerno had to transition to the Army to accept the position. She had served as a public affairs officer in the Marine Corps for six years prior to applying to IPAP.

“This is a very important and exciting day for me and my family,” Salerno said. “I have always wanted to be a physician assistant and I am grateful for this opportunity. I am very proud of my service in the Marine Corps, but I am ready to embrace the Army.” She will complete her training in January 2009.

Over the past few years, the need for Army physician assistants has grown rapidly and the AMEDD is meeting the demand by increasing the number of Soldiers who train through IPAP. To increase the number of qualified Army applicants, the AMEDD recently allowed personnel from the

other services to apply for an Army training position. The individuals must have permission from their service to apply and meet all of the requirements outlined in AR 601-20 and the FY Update.

Applicants must be enlisted, commissioned or warrant officers. Other eligibility criteria include, but are not limited to, a GT score of 110 or greater and 60 semester hours of post secondary school education. Upon graduation, the Soldiers earn a master’s degree from the University of Nebraska and receive a commission in the Army Medical Specialist Corps.

For more information, call Capt. James J. Jones, program manager, at 502-626-0386, DSN 536-0386 or toll free 1-800-223-3735, ext. 60386; e-mail ipap@usarec.army.mil; or visit www.usarec.army.mil/armypa.
(Source: IPAP)



Capt. Alison Salerno

Believe it or not . . .



By Cheryl Harrison
Fort Sam Houston Public Information Office

In 1876, the Army settled into the present site of Fort Sam Houston upon completion of the Quadrangle. Many events have taken place since that time, but not all is as it seems, nor is it recorded in the annals of Army history.

Take, for instance, the story of Harvey. Harvey was blamed for a lot of activity at what was once known as the Service Club or, as it is known today, the Hacienda Recreation Center.

Harvey took up residence in the building as a ghost. Who Harvey was is just a theory, but recorded is the fact that a young man committed suicide in Service Club Number 2, and the story is he returned as a ghost. How he came by the name remains a mystery as well.

“First of all I don’t believe in ghosts, but I

did have a few encounters with Harvey. I saw ping pong balls and flying paddles. I heard the footsteps, and even after I had turned out the lights, I would turn around and they would be back on,” said Ben Paniagua, Hacienda Recreation Center manager.

Harvey was not malicious, but he did make a nuisance of himself — slamming doors, opening windows, moving the carriage of a typewriter back and forth, causing music to drift out of a ceiling. Now this may not seem so bad, but if you do not believe, then there has to be a reasonable explanation, right?

During these incidents, several parapsychologists from Trinity University tried to explain Harvey away, without success. However, after a number of years of playful antics Harvey left. No one seems to know why.

The center went through several facelifts over the years; maybe Harvey

was not comfortable there any longer and moved on to other haunts.

Perhaps, and this is only a guess, Harvey moved to retired Col. Richard Agee’s former quarters on Staff Post Road. Rumor has it that a few of the houses on that historical street are haunted, but then again, maybe it was not Harvey, but another apparition that lived among the residents.

Agee and his family had an unexpected and uninvited live-in guest during their four years on Staff Post Road.

“Many strange things happened there and they started happening right after we moved in,” said Agee.

“We were told it was haunted, but I didn’t believe in ghosts until I moved into that house,” said Carole Agee. “But things happened we couldn’t explain.”

Jewelry disappeared, only to turn up in obvious spots, places that had been searched and looked at almost daily. Their daughter

was missing items of clothing. They heard the sound of a toilet running, only to stop when Agee entered the bathroom, and noises in the kitchen, where no one was present — or at least no one living.

“We named our ghost Leroy Talley. We really were never afraid, but I was uncomfortable a few times. Like the time I felt ‘him’ sit on the bed next to me. But I rebuked him in the name of the Lord,” said Carole. “I let him know he could not hurt us.”

Research done by Agee’s son proved that a number of homes, to include the Bullis house and a few right outside the post walls, all said to be haunted, were designed by the same architect. Moreover, the story about this particular home was that a paymaster from the turn of the century was caught embezzling funds, entered the house and hung himself.

See BELIEVE IT OR NOT on Page 9

Keep trick or treaters safe when on goodie hunt

Trick or treaters soon will be out in the housing areas in search of Halloween goodies.

The installation trick or treat hours will be Oct. 31 from 6 to 8 p.m., as designated by the garrison commander. The Fort Sam Houston Police will patrol the housing areas and monitor motorists, as well as the trick or treaters. They will also be handing out “chem” lights.

Only authorized Department of Defense ID cardholders and their family members will be allowed access to the installation for trick or treating; however, visitors without a DoD ID card will be allowed access to attend unit functions and private parties.

Halloween safety tips for parents

- Accompany children whenever possible. Never let children go trick or treating alone. There is safety in numbers.

- Know which route the children are taking and what time they will be home. Adults should accompany all children under the age of 12.
- Instruct children to watch for cars and other traffic.
- Feed children before trick or treating to reduce the temptation to eat treats that haven’t been inspected.
- Purchase or make flame retardant costumes and be careful of hanging items that can trip the child. Add reflective strips to the costume.
- Give children a flashlight to carry.
- Avoid masks that obstruct vision; makeup is better.
- Inspect all treats before anyone eats them.

Halloween safety tips for trick or treaters

- Watch out for animals, even familiar

- neighborhood pets. They might not recognize familiar faces when in a costume.
- Walk, don’t run.
 - Watch out for cars and other traffic. Always look both ways before crossing the street.
 - Never trick or treat alone.
 - Do not go to houses without lights on and never go into the home of a stranger, even if invited. It’s better to restrict trick or treating to familiar people.
 - Never eat any treats unless they have been checked by a parent.

(Source: Department of Emergency Services)

Believe it or not

Continued from Page 8

“All the things Leroy did were playful, except for the stealing. Nevertheless, the missing items would show up again. He seemed to be playing games with us. We miss Leroy now that we have moved and he seemed to like us. We had fun with him,” said Agee.

Lt. Col. James Benson, Fort Sam Houston Garrison chaplain, just happened to have had a ‘visitor’ living with

his family on Wheaton Road.

“When I first walked into the house I heard the doors upstairs slam shut. Thinking it was just pressure from opening the door and the air conditioning and such, I went up to check and the doors were all opened,” said Benson.

That was not the only time the Benson family had strange, unexplained encounters. There were loud crashing noises, doors slamming and footsteps — everyday ghost occurrences. The Benson family

lived ‘in harmony’ with their ghost and accepted his non-presence. Why not? After all, he never hurt anyone.

Living or working on Fort Sam Houston, one can only imagine the history that has occurred within each building’s walls. Much has been written about the events, but few stories are recorded about the violence of suicide or death that possibly has kept the ghosts of the past still lingering among the living.

Described as disembodied souls, ghosts

are inhabitants of the unseen world. Not all are fortunate to have been given names like Leroy or Harvey, and been adopted into a family, but they have made their presence known to those they are around, those who have worked and lived on post.

This Halloween, enjoy the fun of trick or treating, candy, parties and costumes. Nevertheless, be mindful of what you might not see as the obvious, the ghosts that reside on Fort Sam Houston.

Believe it or not.

LMH invites residents to fall events

Lincoln Military Housing will host several free events in the upcoming weeks for family housing residents. Residents are asked not to bring guests.

October

• The Halloween BOOwling Bash will be held Monday from 3 to 7 p.m. at the Fort Sam Houston Bowling Center, Building 2521, Schofield Road. Food will be served at 4 p.m. Children are invited to wear a costume and win prizes. For reservations, call 270-7638.

November

• LMH representatives will offer residents a “Breakfast on the Go” Nov. 15 from 7 to 8 a.m.

• Along with a November Yard of the Month, LMH will judge homes for Fall Décor of the Month. The winning residents will receive a \$50 gift certificate for Home Depot. The four winners will be notified by Dec. 5.

• Residents can enter their name in a Turkey Giveaway to win one of five turkeys between Wednesday and Nov. 14. The winners will be notified Nov. 15. Submit entry forms at the housing office in Building 367 or e-mail name and address to questions@samhoustonlpc.com.

For photos and upcoming activities, visit www.samhoustonlpc.com. For more information, call LMH at 270-7638.

Monster cake earns first place

Children of all ages were encouraged to submit their favorite recipes during the Kid’s Recipe Contest sponsored by Lincoln Military Housing. The Mahoney family took first place for their Halloween Monster Cake recipe and took home free movies passes for their family. They agreed to share the recipe.



Halloween Monster Cake

Ingredients: Cake mix - white, frosting - yellow or white, honey, toothpick, candy corn and small tube of frosting for words - black or orange

Directions: Bake cake as directed (or use favorite recipe) in two round pans. Cool. Make small holes in bottom layer with toothpick. Pour honey over top. Place remaining layer on top and frost the top and sides of cake. Decorate with candy corn to look like monster teeth. Write “Boo!” in the middle. Invite your friends over for a party!



Courtesy photos

Ride for a cause

Rose Medrano (right), budget analyst for the Medical Capabilities Integration Center at the Army Medical Department Center and School, rides in the 2006 Valero MS 150 Bike to the Beach with Michael and Kathy DeHart Oct. 7 in support of her friend and former co-worker, Gerardo Morales, who was diagnosed with multiple sclerosis. The MS 150 Bike to the Beach was a 150 mile bike ride from San Antonio to Corpus Christi. “When I found out that Gerry had MS, I wanted to do something to help,” Medrano said.



Gerardo Morales, former Army medic and Defense Department employee, autographs Rose Medrano’s Bike to the Beach bandana. Nearly 3,000 people participated in the MS 150 Bike to the Beach Oct.

7 and 8 in support of people with multiple sclerosis, like Morales. Last year, 100,000 participants throughout the United States raised \$60 million for the fight against MS.



Courtesy photo

Softball team wins silver

The All Army 2006 Men’s Softball Team captured the silver medal in the 2006 Armed Forces Championship Sept. 19 and 20 at Elgin Air Force Base, Fla. The team played three games each against the Marine, Navy and the Air Force teams. The players for the Army team were selected during tryouts held at Fort Sam Houston. The team’s coaches, (standing in the back row, second from the right) are Sgt. Maj. Bruce E. Jessie, assigned to Fort Sill, Okla., and Master Sgt. Kenneth Fairley (left), Vicenza, Italy. Charles Scroggins (right), from Fort Sam Houston, is the officer in charge for the team.

SPORTS BRIEFS . . .

Play prohibited on Salado Course

Play is prohibited on the Salado Course at the Fort Sam Houston Golf Course until the conclusion of the growth season, which will facilitate the healthy growth of the greens and tees. People who violate this directive will be subject to having their playing privileges revoked. The course is expected to open in January 2007; however, people should wait until an official announcement is made concerning the opening of the Salado Course. The golf course staff apologizes for any inconvenience this causes to valued patrons. Golf patrons are welcome to use the Lomas Course until the reopening of Salado. For questions or concerns, call 221-5863.

Intramural basketball

Letters of intent are due Wednesday. Send letters to the Jimmy Brought Fitness Center or e-mail earl.young@samhouston.army.mil. A coaches meeting will be held Nov. 6 at 1 p.m. at the Jimmy Brought Fitness Center. For more information, call Earl Young at 221-1180.

Men’s basketball players needed

The Fort Sam Houston men’s basketball team has openings. For more information, call 221-1180.

Instructors needed

The Jimmy Brought Fitness Center seeks instructors for pilates and yoga classes. For more information, call Lucian Kimble at 221-2020.

Fort Sam Houston
Independent School District
Weekly Calendar
Monday through Nov. 4

Fort Sam Houston Elementary School
Wednesday
Early dismissal
Pre-kindergarten through fourth grade, 2 p.m.
Fifth and sixth grade, 2:30 p.m.
Nov. 3
Spirit day

Robert G. Cole Jr./Sr. High School
Monday
Josten’s graduation order in cafeteria during advisory
Tuesday
Basketball scrimmage vs. Marion at Cole, 5 p.m.
Nov. 2
Dual swim meet at Northside Palo Alto, TBA
Nov. 3
Dual swim meet at Northside Palo Alto, TBA
Nov. 4
SAT test date
Girls junior varsitiy and varsity basketball scrim-
mage vs. Jefferson, 11 a.m. to 2 p.m.
Junior ROTC turkey shoot at rifle range, 2 to 4
p.m.
Dual swim meet at Northside Palo Alto, TBA
Regional cross country meet at UTSA, TBA

Cougars romp
over Indians

After spotting their opponent a 9-7 lead at the end of the first quarter; the Robert G. Cole High School Cougars scored 34 unanswered points en route to a 41-9 romp over the Jourdanton Indians in Friday night football action at Cougar Stadium. Sophomore running back, Greg Washington, had another outstanding game; rushing for 231 yards and three long touchdowns. Will Vega and Reggie Garnett added scores for the Cougars, as they rolled up 455 yards total offense. Cole is now 5-2 overall, and 1-1 in district 30-2A play. They next play at undefeated Cotulla this Friday in a vital district match-up.
(Source: Robert G. Cole Jr./Sr. High School)

Board member elected to regional post

By Dr. Gloria Davila
Fort Sam Houston Independent School District

Fort Sam Houston Independent School District board members joined more than 8,000 public school trustees, superintendents and other education leaders in early October at the 46th Annual Texas Association of School Boards/Texas Association of School Administrators Convention in Houston. The joint gathering for the TASB and the TASA included extensive training opportunities, distinguished speakers and the latest information on public education issues, trends and innovative programs. In attendance at the conference were Keith Toney, board president and liaison officer for Fort Sam Houston; Eustace Lewis, board vice president and instructor in the anatomy and physiology

branch of the Army Medical Department Center and School; retired Col. (Dr.) Clarence Maxwell, school board secretary and facilities management officer for the Great Plains Regional Medical Command; and Deborah Seabron, board member and management analyst in the Plans, Analysis and Integration Office for the U.S. Army Garrison. Lewis was elected regional vice president of the Texas Caucus of Black School Board Members at the conference. Lewis became one of only seven Texas regional vice presidents. The Texas Caucus of Black School Board Members provides a forum for the unique concerns, problems and challenges faced by black school board members throughout the state. It also promotes better relationships and understanding

between black school board members, their local boards, local communities and state school board associations. “I am very excited to be serving in this new capacity,” Lewis said. “And I am very proud to represent the Fort Sam Houston ISD Board of Trustees in this state organization.” Lewis joined the Fort Sam Houston ISD school board in 2000 and has been the board vice president since 2001. In 2003, he graduated from the Leadership TASB 2002-2003 program, earning him the prestigious “master trustee” designation. “What I experience and learn as regional vice president of the Texas Caucus of Black School Board Members will help me better serve the students and staff of Fort Sam Houston Independent School District,” Lewis said.

Robert G. Cole Jr./Sr. High School Honor Roll

Many of the Robert G. Cole students have attained academic success for the first nine weeks of the 2006–2007 school year. To qualify for the two honor rolls, students must earn the following grades: A Honor Roll – a grade of 90 or higher in all classes; A/B Honor Roll – a grade of 80 or higher in all classes with at least one grade of 90 or higher.

A Honor Roll
First Nine Weeks
7th Grade
Megan Ahearne
Naomi Cabrero
Meagan Garcia
Molly Gresenz
Kayla Larvins
Francesca Mercado
Savannah Wessies
8th Grade
Stephanie Aviles
Haley Benjamin
Sheyondra Evans
Brian Flythe
Shantal Goodwill
Jennifer Henry
Carlton Hogan
Katelyn Juni

Taylor Kane
Gretchen Newcomer
Megan Renz
Estrella Rodriguez
Megan Rush
Sara Wellington
9th Grade
Troy Griffith
Amber Wessies
10th Grade
Colby Register
11th Grade
Jennifer Gibson
Ricardo Riera II
12th Grade
Anne Cenney
Whitney Miller
Dianisse Plaza

A/B Honor Roll
First Nine Weeks
7th Grade
Genesis Abrego
Christopher Badger
Tiffany Bailey
Zachary Bauman
Jar-Mon Baxter
Li-Diannette Benabe -Lugo
Alexius Bennett
Jasmine Boothe
Christopher Cavazos
Connor Charlton
Christian Cornett
Sean Deaton

Aidan Dochnal
Karen Garay
Amanda Gonzales
Felicia Graves
James Hasewinkle
Kala Hendrickson
Alexandra Herel
Kristen Herring
Randolph Jackson II
Terrence Jenkins
Tevin Jenkins
Kaylin Meier
Chilton Knight
Luis Labrador, Jr.
Devante Terrell
Gary Miskovsky III
Darius Price
Elizabeth Rangel
Teasha Reed
Samantha Sanburn
Naomi Squires
Mason Starnes
Cameron Starr
William Taliaferro
Jodeci Tuiletufuga
Suheily Valderrama
Kayla Wilson
William Zopff
8th Grade
Jordan Bell
Carissa Brown
Joseph Cavazos
Justine Dintelmann
Antonio Gonzalez-Acosta
Anysha Harris

Tim Hogan
Dejaneé Holloway
Pauletta Jordan
Janiece Judkins
Connor Kelly
Ashton Lagutchik
Rebecca Lavender
Valerie Layton
Tyler Montes
Anetone Sailiata
Ariel Schwallie
Nell Simpson
Mollie Starnes
Devante Terrell
Donhvan Vallejos
Maxianne Villalon
Kayanna Wade
Joshua Yates
9th Grade
Kayla Barber
Joseph Bradley
Josiah Brown
Julian Collins
Yeralis Cabrero-Rivera
Kristin Hutson
Justin Langford
Craig Layton, Jr.
Emily Martin
Ryan Peachey
Javier Reyes
Trevor Richardson
Eric Rolfe
Micheal Sees
Kaitlin Sheridan

Karen Thompson
Christopher Von
Fahnestock
Lindsey Wafford
10th Grade
Breanna Andrews
Coria Bowen
Ryan Brock
Clara Buchanan
Trey Campbell
Kelsey Charlton
Angelica Emma
Casey Gresenz
Glenn Harrod
William Kirk
Corey Liker
Zachary Quintana
Jacqueline Tuiletufuga
Kaitlin Vasquez
Steven Wade
Richard Well
Ricky Williams II
11th Grade
Jessica Bagg
Tabitha Fielder
Timothy Fletcher
Christina Gonzalez
DeMonica Gonzalez-Acosta
Daniel Heaney
Megan Heard
Jessica Jordan
Bethany Langford
Wesley Lavender

Patrick Newcomer
Jessenia Ramos
Dustin Reitstetter
Lindsey Saddler
Jennifer Sees
Tomecka Siebert
Lukas Sheridan
Katherine Teeter
12th Grade
Roy Aviles
Aaron Bailey
Amber Bocanegra
Kathryn Bruce
Kristen Bryant
Sarah Clark
Cshakenah Fisher
Brendan Ford
Amber Grayson
Lionel Lowery
Cameron Lucke
Michelle McClendon
Lisa Nieves
Nathaniele Otto
Angel Ramirez
Benjamin Reitstetter
Fabian Rodriguez
Stephen Sult
Kurt Walker
Emerson Weber
Joshua West
Michael Wood, Jr.
Emmanuel Yates
Jasmine Young

Post Worship Schedule

Main Post Chapel , Building 2200, 221-2754 Catholic Services: 4:45 to 5:15 p.m. - Confessions - Saturdays 5:30 p.m. - Mass - Saturdays 9:30 a.m. - Mass - Sundays 11:30 a.m. - Mass - weekdays Protestant Services - Sundays: 8 a.m. - Traditional Protestant 11 a.m. - Traditional Protestant Jewish Services: 379-8666 or 493-6660 8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat	11 a.m. - Mass - Sundays 11 a.m. - Mass - weekdays Protestant Services: 10 a.m. - Worship Service - Sundays 12 p.m. - Worship - Wednesdays
Dodd Field Chapel , Building 1721, 221-5010 or 221-5432 Catholic Service: 12:30 p.m. - Mass - Sundays Protestant Services: 10:30 a.m. - Collective Gospel Protestant - Sundays 9:30 to 11:30 a.m. - Women’s Bible Study (PWOC) - Wednesdays, child care is provided. Samoan Protestant Service: 8:30 a.m. - Sundays	AMEDD Regimental Chapel , Building 1398, 221-4362 Catholic Mass: 8 a.m. - Sundays Protestant Service: 9 a.m. - Sundays Christian education: 10 a.m. -Sundays Gospel Service: 11 a.m. - Sundays Church of Jesus Christ of Latter Day Saints: 9:30 a.m. - Sundays at Evans Auditorium FSH Mosque , Building 607A, 221-5005 or 221-5007 10:30 a.m. - Children’s Religious Education - Sundays 1:30 p.m. - Jumma - Fridays 7:30 p.m. - Adult Religious Education - Thursdays Installation Chaplain’s Office , Building 2530, 295-2096 Contemporary service: 11:01 a.m. - Sundays Web site: www.samhouston.army.mil/chaplain
Brooke Army Medical Center Chapel , Building 3600, 916-1105 Catholic Services: 8:30 a.m. - Mass - Sundays	

RELIGIOUS HAPPENINGS . . .

Catholic religious education registration

Registration for Catholic religious education for first holy communion and confirmation classes is now in progress. To enroll a child or for more information, call Brian Merry at 221 5006 or e-mail brian.merry@samhouston.army.mil.

Catholic Women of the Chapel

The Catholic Women of the Chapel meet Fridays at 9 a.m. for fellowship and enrichment studies. Childcare is provided. For more information, call Kate Schupbach at 212-7842.

Protestant Women of the Chapel

The Protestant Women of the Chapel meet Wednesdays from 9:30 to 11:30 a.m. and Thursdays from 6:30 to 7:30 p.m at the Dodd Field Chapel. Childcare is provided for up to age 5. Visitors are welcome. For more information, call Lois Griffith at 226-1295 or visit www.samhouston.army.mil/chaplain/pwoc.

Fall Bible studies for OCF

The Fort Sam Houston Officers’ Christian Fellowship will host Bible studies Sunday, Nov. 5 and 19, and Dec. 3 and 17. Studies will be held from 6 to 7:30 p.m. at 1008 Gorgas Circle, Fort Sam Houston, followed by dessert. Nov. 5 will be a potluck dinner and study. For more information, call Lt. Col. Bob Griffith at 221-6740 or 385-8451 or e-mail robert.griffith1@amedd.army.mil.

Musician, choir director needed

The U.S. Army Contracting Agency, Southern Region Contracting Center –West is soliciting a musician and choir director for the 8 a.m. Catholic service at the Army Medical Department Regimental Chapel. For more information or to obtain a copy of the solicitation, call Christina Sylvester at 221-5367 or Donna VanGilder at 221-5586.



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Top talent showcased at Soldier Star Search

Spc. Pedro Lopez, of A Company, Brooke Army Medical Center, took first place in the Soldier Star Search for his spoken word poetry performance Oct. 19 at the Hacienda Recreation Center.



Courtesy photo

By Ben Paniagua
Hacienda Recreation Center

The search is on for Soldier talent. Six talented acts competed for prizes in Soldier Star Search, the first of a series of talent searches, Oct. 19 at the Hacienda Recreation Center. Spc. Pedro Lopez, of A Company, Brooke Army Medical Center, won first place for a spoken word poetry performance of his poem, “The Choice.” His performance wowed the judges and the audience. The first place prize was a \$50 Army and Air Force Exchange Service gift certificate. “I do a lot of performances and open mikes. It was a good experience,” Lopez said. Pfc. Dwayne Villanueva, of A Company, 264th Medical Battalion, won second place and a \$25 AAFES gift certificate for his rendition of “Open Arms,” a hit by the group Journey. Pvt. Charity Simpson, of E Company, 232nd Medical Battalion, won third place for singing an Alicia

Keyes song a cappella. She also won a \$25 AAFES gift certificate. “I thought the show was great,” said Pvt. Daniella Hash, of A Company, 232nd Medical Battalion. “We should do this more often. It needs to be shown off more, so more people know about it.” Other Soldiers in the audience claimed, “It was awesome” and “It was cool that I heard my friend play on the stage.” Judges for the event were Master Sgt. Ricky Evans, from the U.S. Army Garrison Equal Opportunity office, Sgt. 1st Class Rosalba Chambers, from the 32nd Medical Brigade EO office; and Staff Sgt. Ivella Dennis, a vocalist from BAMC who recently won second place in the female vocalist category of the 2006 Army-wide Festival of the Performing Arts. AAFES, the Miles Program, DeVry University and Balfour Military Rings donated the refreshments and prizes.

Fort Sam Military Idol winner selected for Army finals

By Ben Paniagua
Hacienda Recreation Center

Staff Sgt. Cornelius Whitaker, of Brooke Army Medical Center, has been chosen to compete in the 2006 Military Idol finals, which will be held Friday through Nov. 6 at Fort Belvoir, Va. His entry into the finals was based on a videotape of his performance at the Fort Sam Houston Military Idol competition. Although 32 installations Army-wide participated in the 2006 Military Idol competition, only 12 out of the 32 installation winners were selected to be in the finals. A panel of judges from the U.S. Army Community and Family Support Center’s Army Entertainment Division chose the finalists after viewing the performance tapes. Whitaker was ecstatic about the good news. “To be named the Military Idol winner at the finals would be more than just winning a

singing competition,” he said. “It would mean more to me than any award the Army could give me. Peace time or war time, I have a gift from God that I want to share with the world. Being crowned Military Idol would be just the start.” At the finals, the 12 finalists will first perform a song a cappella. Some of the finalists will be eliminated at that point. Those moving forward will have to choose a song from a list provided by the Military Idol producers. There will be rehearsals and coaching and then the final performance. Whitaker said he is ready to go all the way because of his passion for music. “Music brings me peace. It eases my sorrow and calms my fears. To me it is the ultimate expression.” Whitaker, a native of Nacogdoches, Texas, has been in the Army for eight years and has a 4-year-old daughter, C’Niajah Maia.



Photo by Elaine Wilson

Staff Sgt. Cornelius Whitaker, of Brooke Army Medical Center, sings at the Fort Sam Houston Military Idol competition Sept. 14. His taped performance from the competition earned him a spot in the 2006 Military Idol finals, which will be held Friday through Nov. 6 at Fort Belvoir, Va.

Fest features athletic, family activities



Photos by Esther Garcia

More than 800 Soldiers assigned to Fort Sam Houston commands and civilians participated in the Combat Medic Run Saturday. The run, formerly held in July, was combined with the Fort Sam Houston Fall Festival, now called the

Combat Medic Fest. “This is awesome, everyone is motivated. It’s great that the young Soldiers can come together with the civilian community,” said Col. John Cook, commander, 32nd Medical Brigade.

Air Force Senior Airman Kevin Close finishes the 5K run Saturday at the Combat Medic Run. “I did pretty good. I have shaved off two minutes from my previous runs,” said Close. Close, stationed at Lackland Air Force Base, Texas, receives treatment at Brooke Army Medical Center.



Col. Wendy Martinson, commander, U.S. Army Garrison, presents the third place trophy to B Company, 264th Medical Battalion for the 5K 28-Soldier formation run. The company also received the Commander’s Cup award as champions of the post intramural sports program.



The U.S. Army Medical Command Band, led by Staff Sgt. Christopher Lawrence, drum major, marches down Dickman Street Saturday during the Combat Medic Fest parade. The band was one of 22 entries that participated in the parade. Lawrence captured the Overall Male and Military Male trophy in the 10K run with a time of 34:12. The band is under the direction of Chief Warrant Officer William Brazier (far left).



Photo by Elaine Willson

(Above) Youth Center cheerleaders show their “cougar pride” Saturday at the Combat Medic Fest parade.

(Right) Spc. Chad Danusis, Sgt. 1st Class Bobby Ehrig, son Tyler, and Pfc. Charles Dominguez and his wife, Gina, ride on the military float at the Combat Medic Fest.





Photos by Elaine Wilson

(Above) Adam Deremiah, a detective from Police Investigations, Department of Emergency Services, hands 4-year-old Cody Tolle a red ribbon in honor of Red Ribbon Week. The national campaign, which ends Friday, encourages children to stay drug free. Deremiah also passed on safety information and a take-home fingerprinting kit for parents.



(Right) Three-year-old Karina Barreto nets a pumpkin at the pumpkin pond game Saturday at the Combat Medic Fest at MacArthur Parade Field. About 1,000 people attended the fest, which featured a variety of children’s activities such as face painting, bouncy houses and arts and crafts.



Angelo Casey grips tightly as a “bull” attempts to throw him off. The bull ride is a new addition to the Combat Medic Fest.



Pfc. Charlotte Palma, a veterinary technician at the Fort Sam Houston Veterinary Treatment Facility, gathers information to promote the vet clinic and encourage healthy pet care for visitors to the clinic’s booth. “We want to remind people we’re here on post and can help people with their pets’ health needs,” said Sgt. Chris Nestor. Spc. Cassandra Gardner was also on hand to provide information.



(Above) Children explore the Stryker Medical Evacuation Vehicle, a popular attraction at the Combat Medic Fest. The 19-ton vehicle can evacuate four litter patients or six ambulatory patients while a crew of three medics provides basic medical care.

(Left) Tristen Shaw (left) and Jeramiah Castro climb the inflatable rock wall, one of the many attractions for youth at the Combat Medic Fest.

COMMUNITY RECREATION

‘Haunted Halloween’ party at Canyon Lake

The Fort Sam Houston Recreation Area at Canyon Lake will host a “Haunted Halloween” party Saturday from 6 to 9 p.m. Get spooked on the haunted hay ride, in the witch’s cottage and in the ghost house. The first and second place winners of the costume contest will get to ride on the war-lock’s wagon. For more information, call 830-226-5357.

Hunting season begins

Regular hunting season opens Nov. 4 at Camp Bullis for bow and gun. For more information, call the Camp Bullis Outdoor Recreation Center at 295-7577.

‘Read to the Kids’ program

The Fort Sam Houston Library offers a Video Messenger System program to deployed or pre-deployed Soldiers to stay connected with their children while they are away. The service videotapes and records individual Soldiers reading a children’s book. The completed copy of the video or DVD is then mailed to their home for their children to view as often as they like while the parent is deployed. Books used in the program are available at the post library. The service is by appointment only. To make an appointment, call 221-4702 or 221-4387.

Equestrian Center offers trail rides

One hour trail rides are offered at the Equestrian Center Saturdays and Sundays to individuals over 7 years old. Children younger than 12 years old must be accompanied by a parent. The cost is \$20 per person. The first trail ride begins at 8:30 a.m. and the last ride is at 2 p.m. Pony rides are available to children ages 6 and younger from 10 a.m. to 2 p.m. Saturdays and Sundays with a parent leading the pony. The cost is \$5 per child. For more information, call 224-7207.

Comedy show

It’s comedy night at the Sam Houston Club Nov. 3 from 9 to 11 p.m. MWR and Top Bananas Entertainment present comedians Cleto Rodriguez, Olivia Arrington and Patrick DeGuire for an evening of non-stop humor. Tickets are \$12 in advance and \$15 at the door. Tickets purchased in advance will include a free dinner with the show. Sports attire is not permitted. Show’s content may not be appropriate for individuals under 18 years old. An after party will immediately follow the event. Cleto Rodriguez has appeared on Telemundo’s “Loco Comedy Jam” and opened shows for comedians Wayne Brady, Tommy Chong and Carlos Mencia. Olivia Arrington has appeared on Black Entertainment Television’s “Comic View” and the “Latino Laugh Festival” and toured with comedians Steve Harvey and Charlie Murphy. Patrick DeGuire has appeared on Comedy Central, Galavision’s “Que Loco” and Telemundo’s “Loco Comedy Jam” and toured with George Lopez, Paul Rodriguez and Tommy Davidson. For more information, call 224-2721.

Judo Classes

Free judo classes are held at the Jimmy Brought Fitness Center Saturdays from 10 to 11:30 a.m. For more information, call Carl Johansen at 279-1742.

DINING AND ENTERTAINMENT

Sam Houston Club, 224-2721

Family-style Sunday brunch

Brunch is held the first and third Sunday of each month from 10 a.m. to 1:30 p.m. The next brunch will be held Nov. 5 and will feature a kids’ meal station, chocolate fondue station, complimentary champagne and international food station. The cost is \$13.95 for nonmembers, \$11.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and under eat free. For more information, call 224-2721.

Sam Houston Club closed Mondays

The Sam Houston Club will not operate Mondays. The facility will continue to be open for special events reserved through the Sam Houston Club’s catering office. However, the “All-You-Can-Eat lunch buffet will only be offered Tuesday through Friday from 11 a.m. to 1 p.m. The club staff apologizes for any inconvenience this may cause to valued patrons. For more information, call James Lancaster at 224-2721.

Super TGIF

Celebrate Octoberfest with the Sam Houston Club Friday at Super TGIF - “A Taste of Germany” starting at 5 p.m. Sample German food and try German drink specials while listening to music provided by the evening’s disc jockey. For more information, call 224-2721.

Bowling Center, 221-3683

Bowl-A-Jam

Bowl to the sounds of popular contemporary music at Bowl-A-Jam Saturdays from 7 to 10 p.m. at the Fort Sam Houston Bowling Center. The cost is \$8 and includes shoes and one order of fries per lane. For more information, call 221-3683.

Eighties Day

Enjoy 80 cent bowling games and 80 cent shoe rental Sundays from 2 to 8:30 p.m. at the Fort Sam Houston Bowling Center. For more information, call 221-3683.

Golf Club, 221-4388

Warriors Monthly Scramble Golf Tournament

Register up to four players to participate in the Warriors Monthly Scramble held the first Wednesday of each month at the Fort Sam Houston Golf Club. The next tournament is Wednesday, with a shotgun start at 1:30 p.m. Entry fee is \$20 per person and includes cart rental, prizes and social following the scramble. Participants must be in an authorized pass or leave status. Register at the golf club’s Pro Shop. For more information, call 222-9386.

Club Championship returns

The Fort Sam Houston Golf Club will host the annual Club Championship Nov. 4 and 5. The 36-hole stroke play event will be held on the championship golf course, La Loma Grande, with an 8 a.m. shot-gun start time on both



Photo by Kathrine Maple

Bingo goes high tech

QuickPlay bingo is now available at the Fort Sam Houston Bowling Center. QuickPlay is a personal handheld device that allows patrons to play bingo by using simple touch-screen technology. The devices can be used by bingo enthusiasts who want to play individually or by bowling center patrons waiting for a turn to bowl. Up to four bingo cards can be played at the same time, and each unit is lightweight and simple to use.

days. The Club Championship will be flighted by handicaps. There will be a championship flight and open flight as well as seniors, super-seniors, ladies and junior flights. Interested golfers should register in their respective flights at the Pro Shop from 7 a.m. to 7 p.m. daily. Registration deadline is Nov. 2. Participation is open to all Fort Sam Houston Golf Council members, active duty military members and their family members, Department of Defense employees and contractors assigned to Fort Sam Houston. The registration fee is \$50 for members and \$70 for non-members. Fee includes golf carts, green fees (if applicable), prizes and an awards banquet Nov. 5 immediately following the tournament. For more information, call the Pro Shop at 222-9386.

Harlequin Dinner Theatre, 222-9694

“Wait until Dark,” a thriller by Frederick Knot, will play at the Harlequin Dinner Theatre through Nov. 4. Performance tickets are \$24.95 Wednesdays and Thursdays and \$27.95 Fridays and Saturdays. The house opens for salad bar and cocktails at 6:15 p.m., the buffet is open from 6:30 to 7:30 p.m. and the show begins at 8 p.m. Military discounts are available. For more information or reservations, call 222-9694.

MWR ticket office, 226-1663

Tickets are on sale at the MWR Ticket Office, located inside the Sam Houston Club, for popular local attractions and events as well as for out-of-state theme parks. The MWR Ticket Office is open Tuesdays through Fridays from 10 a.m. to 5 p.m. The office is closed Saturdays, Sundays and Mondays. For more information, call 226-1663.

CHILD AND YOUTH SERVICES

Fall Carnival

School Age Services invites youth to its annual Fall Carnival Tuesday from 4 to 6 p.m. in School Age Services, Building 1705. The carnival is open to children up to fifth grade. Hot dogs will be served. Children not enrolled in the after-school program must be accompanied by a parent or adult. For more information, call 221-4466.

Fee increase

Effective Wednesday, childcare fees for the Child Development Center and School Age Services will be increased. The increase is necessary to ensure ongoing quality childcare services for the community. The Child and Youth Services fee policy is based on Department of Defense policy and must be implemented consistently within and across Installation Management Agency regions. This ensures consistency and predictability of the CYS fee structure and procedures for Army patrons as they move from installation to installation. For more information, call Central Registration at 221-4871 or 221-1723.

Total Family Income change

Childcare fees are based on Total Family Income. Effective Wednesday, Total Family Income will be based on W-2 forms from spouses and civilians instead of pay stubs.

Soldiers will still continue to provide current leave and earnings statement, updated child’s shot records, two local emergency designees, physical and/or sport physical within the last year, child’s Social Security number and an \$18 registration fee.

Before- and after- school program

Register youth for the before- and after-school program for middle school and open recreation. Participants must have a Child and Youth Services membership. To register for membership, patrons will need to provide a leave and earnings statement or W-2 form, two local emergency designees, \$18 registration fee and youth’s Social Security number.

Pre-K before and after school care

The Child Development Center offers before and after school care for the Fort Sam Elementary pre-kindergarten program. Children must be enrolled in the elementary Pre-K program. Patrons must be registered with Child and Youth Services. Spaces are limited. For more information, call Central Registration at 221-4871 or 221-1723.

Basketball coach needed

The sports program is seeking volunteers to coach basketball. Those interested must consent and clear a background check. For more information, call Central

Registration at 221-4871 or 221-5513.

Basketball registration

Basketball registration will be held Nov. 4 and Dec. 2 from 9 a.m. to 2 p.m. at the Youth Center. All other dates in between for registration will be at Central Registration, Building 2797, from 8 a.m. to 5 p.m. The last day to register for basketball will be Dec. 2. Participants must be registered with Child and Youth Services. To register, patrons must bring a current leave and earnings statement or W-2 form, current shots for kindergarten through fifth grade, a sport physical within the last year, two local emergency designees, \$18 registration fee and activity fee.

Care packages for Soldiers

The Youth Services Middle School Teen program are taking donations for a community service project. The youth will prepare care packages to send to Soldiers overseas. Donations can be made at the Youth Center, Building 1630, Mondays through Fridays from 10 a.m. to 8 p.m. and Saturdays from 3 to 10 p.m. A list of suggested items is available at the Youth Center. Suggested donation items include: granola bars, cereal in single-size servings, personal hygiene articles, individual-size servings of soups and entrée pop-top cans, travel-size games, DVD movies

and pens and paper. For more information, call the Youth Center at 221-3502.

Headstart seeks applicants

Parent Child Incorporated is seeking applicants for the Headstart program. This is a free childcare program designed to help Soldiers, E-5 and below, and low income Department of Defense civilian employees. Applicants must meet federal guidelines, and entry is based on annual income. For more information, call 221-3788.

Home-based childcare

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

Hourly childcare

Child and Youth Services provides hourly care for patrons seeking intermittent childcare. Patrons must be registered with CYS. Care is based on availability and must be reserved in advance. For more information, call Central Registration at 221-4871 or 221-1723.

Events

MOAA luncheon

The Military Officers Association of America, Alamo Chapter, will sponsor a luncheon today at 11 a.m. at the Sam Houston Club. The guest speaker will be William A. Trower Jr., director of the Fort Sam Houston National Cemetery. Guests are welcome. The cost is \$16 and tickets can be purchased at the door. For more information or reservations, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

Divine Literary Tour at Fort Sam

Ten authors from the Divine Literary Tour will be in San Antonio to continue their message of literacy and unity beginning today at the Buena Vista Building located at the University of Texas San Antonio down-town campus. The weekend will continue Friday with a lunchtime discussion with UTSA students on “Black Voices in Literature.” The discussion will take place at the UTSA 1604 campus, and will also include a book signing. Later that day, tour authors will sign books at the Fort Sam Houston Post Exchange from 4 to 6 p.m.

Fisher House, Inc. gala, silent auction

The Fisher House, Inc. gala and silent auction will be held Saturday from 6:30 to 10 p.m. at the Marriott Riverwalk Hotel. Entertainment will be provided by the Sentimental Journey Orchestra and dress is business attire. For ticket information or to sponsor a table, call 673-7500.

Waring Fall walk

The Hill Country Volkssportsverin Volksmarch Club will host two 10K walks and a 5K walk Saturday and Sunday beginning at the VFD Hall in Waring, Texas. For more information, call John Bohnert at 830-995-2421 or e-mail tina.bohnert@comfort.txed.net.

Kids’ Halloween party at USO

The USO Downtown, located at 420 E. Commerce St., will host a kids’ Halloween party and pumpkin patch Monday from 6 to 8 p.m. Children are encouraged to wear costumes. For reservations, call 227-9373, ext. 12, by Friday.

Thomas the Tank Engine

The Austin Steam Train Association will present Thomas the Tank Engine Nov. 2 to 5 at the Austin Convention Center, Fourth and Red River Streets in Austin, Texas. Thomas the Tank Engine is a real engine converted into Thomas. The event includes 25-minute train rides, stamps, temporary tattoos, arts and crafts, coloring sheets and engineer certificates, storytelling, video viewing and live music. The cost is \$16 for ages 2 and up. To purchase tickets, call 866-468-7630. For more information, call the Austin Steam Train Association at 512-477-8468 or visit www.austinsteamtrain.org.

‘Wait Until Dark’ at Harlequin

The Harlequin Dinner Theatre will feature “Wait Until Dark,” by Frederick Knott, Wednesday through Saturday evenings through Nov. 4. The cost is \$27.95 Fridays and Saturdays and \$24.95 Wednesdays and Thursdays. There are discounts for military. The house opens for salad bar and cocktails at 6:15 p.m., the buffet is open from 6:30 to 7:30 p.m., and the show begins at 8 p.m. For reservations, call the Harlequin Dinner Theatre at 222-9694. The box office is open from 12 to 5 p.m. weekdays and 1 to 5 p.m. Saturdays.

MOPH unveils monument

The Military Order of the Purple Heart, Alamo Chapter 1836, will host a dedication ceremony to unveil a monument Nov. 3 at 10 a.m. at the Bexar County Justice Center, 300 Dolorosa St., corner of Dolorosa and Main streets. The monument is dedicated to the men and women wounded in all the wars. The U.S. Army Medical Command Band will provide patriotic music. The public is invited.

AirFest at Kelly Field

Lackland Air Force Base will host the 2006 AirFest Nov. 4 and 5 at the historic Kelly Field. Gates will open at 9 a.m. and the opening ceremony will begin at 10:30 a.m. The AirFest will feature the Thunderbirds and the Golden Knights, with numerous aircraft static displays on hand. The event is free and open to the public.

New Braunfels Wurstfest walk

The New Braunfels Marsch-und Wandergruppe Volksmarch Club will host a 10K and 5K walk Nov. 4 and 5 starting at the Employee Café at the intersection of Liberty and North streets in New Braunfels, Texas. For more information, call Helgard Hollis at 830-625-6330, e-mail Helgard@satx.rr.com or visit www.muw.walktexas.org/.

Trinity’s Staging of Romeo and Juliet

Trinity University’s speech and drama department presents Romeo and Juliet with a contemporary twist at the Stieren Theater Nov. 10 and 11 at 8 p.m., Nov. 12 at 2:30 p.m., Nov. 15 and 16 at 7 p.m., and Nov. 17 and 18 at 8 p.m. The play will be set during the San Antonio Fiesta season rather than on the streets of Verona, Italy. The cost is \$8 for adults, \$6 for seniors and \$4 for students. Reservations are recommended; call the box office at 999-8515 weekdays from 2 to 5 p.m. or purchase tickets one hour prior to each performance.

San Antonio Zoo military discount

On Nov. 12, the San Antonio Zoo located at 3903 N. St. Mary’s St. will offer military personnel and their immediate families a 50 percent discount on admission tickets. Patrons must show a military ID card to receive the discount.

USO ‘Strike Force Bowl-A-Thon’

The USO San Antonio presents “Strike Force Bowl-A-Thon” Nov. 12 at 2 p.m. at the AMF Country Lanes, 13307 San Pedro in San Antonio. Registration forms are available at www.alamouso.org. For more information, call Julie Nichols at 227-9373, ext. 12 or e-mail nichols@alamouso.org.

VFW Post 8541 luau

The Veterans of Foreign War Post 8541 will host a Veterans Appreciation Luau Nov. 19 from 2 to 6 p.m. The VFW Post 8541 is located at 2222 Austin Highway in San Antonio. Free food, live music and refreshments will be served. For more information, call 655-2944 or visit www.vfwpost8541.org.

Pandemic influenza

The Cody Branch Public Library will host a seminar on pandemic influenza Nov. 28 from 7 to 8 p.m. at 11530 Vance Jackson Road. The guest speaker, Tracy Brown of the San Antonio Metro Health Department, will give advice on how people can protect themselves and their family from the flu. The event is free and open to the public. For more information, call 696-6396.

Tough ‘Ombre 10K Run

The 26th annual Tough ‘Ombre 10K Run will be held Dec. 1 at 9 a.m. at McAllister Park, 13102 Jones-Maltsberger Road in San Antonio. The Tough ‘Ombre 10K is the oldest certified race in Texas. All registrants will receive a T-shirt. The fees are \$20 for 10K, \$15 for 5K and \$10 for 3K. The four-person team for the 10K is \$70. For more information, call Cheryn at 830-336-4543 or e-mail cheryn@gvtc.com, or visit www.active.com to register online.

SA Symphony military discounts

The San Antonio Symphony 2006-2007 concert series consists of 12 classical concerts, six pops concerts and four special events. The concerts are held Fridays and Saturdays at 8 p.m. at the Majestic Theatre. Military discounts are available. For reservations, call Karen Cramer at 554-1000 or e-mail cramerk@sasymphony.org. For dates and feature artist, visit www.sasymphony.org.

Meetings

Warrant Officer Association meeting

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets the third Monday of the month at 7 p.m. at the Veterans of Foreign Wars Post No. 8541, located at 2222 Austin Highway, between Perrin Beitel and Eisenhower roads. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. For more information, call Bill Strout 590-2642 or e-mail bstrout@texas.net, or Suzan Farrell 378-0422 or e-mail suzan.farrell@us.army.mil.

SAMC study group

The Sergeant Audie Murphy Club, SMA Van Autreve Chapter, conducts a study group Tuesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in Building 1350 for Soldiers preparing for competition boards. For more information, call Master Sgt. Adrienne Berkley at 295-4545 or 737-4540 or e-mail Adrienne.Berkley@us.army.mil, or call Sgt. 1st Class Tiffany Reid at 295-4442 or e-mail Tiffany.reid@amedd.army.mil.

BAMC chess club

The Brooke Army Medical Center chess club meets Mondays from 4:30 to 7 p.m. in the BAMC Medical Mall. The club is open to military and their family members, civilians and patients; experience is not necessary. People can bring a chess set, or sets can be provided on site. For more information, call Sgt. Michael Veri at 557-2477 or e-mail michael.veri@cen.amedd.army.mil.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meets the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee’s recommendations to improve single Soldiers’ Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Mossaab Benhammou at 295-4014.

Training

AFTB offers Instructor Trainer Course

The Army Family Team Building Instructor Trainer Course will be held Friday and Saturday at the Roadrunner Community Center, Building 2797 on Stanley Road. The two-day course covers the basics of group dynamics and presentation skills. The class is free and open to the public. For more information or to register, call Sue York at 221-9821.

English as a Second Language

English as a Second Language classes are held Tuesdays and Thursdays from 6 to 8:30 p.m. at the Roadrunner Community Center, Building 2797. ESL classes are designed to help foreign-born spouses of military increase reading comprehension, vocabulary and pronunciation. Students will participate in beginners, intermediate and advance level classes with individualized group instruction. The ESL classes are sponsored by Region 20 Education Center and the Army Community Service Relocation Assistance Program. For more information, call 221-2418.

Army ROTC Lateral Entry Program

The University of Illinois Army ROTC Lateral Entry Program is looking for individuals with prior military service or members of the National Guard or Reserve who wish to become officers. The Lateral Entry Program allows eligible students to contract into the ROTC as cadets when they are academic juniors, seniors or graduate students with four semesters of coursework remaining before graduation. For more information, call 877-863-4768, e-mail arotc@uiuc.edu or visit http://www2.uiuc.edu/unit/armyrotc.

Green to Gold briefings

Fort Sam Houston’s Education Center will host Green to Gold briefings for Soldiers interested in the ROTC program. The briefings will be held through Nov. 22 at 9 a.m. and 1 p.m. in the Army Learning Center, Building 2247, Stanley Road and New Braunfels Avenue. Army ROTC cadre from local universities and the 12th ROTC Brigade Recruiting Office will conduct briefings and answer questions. For more information, call Maj. Parker at 458-5607 or Amy Gagnon at 295-2005.

Green to Gold program

The Army ROTC at the University of Illinois at Champaign-Urbana seeks talented enlisted Soldiers who want to earn bachelor’s degrees. Enlisted Soldiers with officer potential and with at least two years on active duty are eligible to participate and enroll in Army ROTC through the Green to Gold Program. For more information, call 877-863-4768, e-mail arotc@uiuc.edu or visit http://www2.uiuc.edu/unit/armyrotc.

Undergraduate evening studies

A St. Mary’s University representative will be available for appointments Wednesdays and Thursdays from 9 a.m. to 4 p.m. at the Fort Sam Houston Education Office, Room 206. For more information, call 226-3360. For information on undergraduate admission to St. Mary’s, call the Office of Evening Studies at 436-3215 or e-mail evst@stmarytx.edu. For information on graduate admission, call 436-3214 or visit http://www.stmarytx.edu/eveningstudies.

Computer certification

St. Mary’s University and New Horizons Computer Learning Center will have a representative available to discuss computer certifications Tuesdays from 9 a.m. to 4 p.m. at the Fort Sam Houston Education Office, Room 206. For more information, call 226-3360 or visit http://www.stmarytx.edu/continuingstudies/.

St. Mary’s University education office

A St. Mary’s University representative is available Mondays through Thursdays from 8:30 a.m. to 4 p.m. and Fridays from 8:30 a.m. to 12:30 p.m. in Building 2248, Room 206, to assist individuals interested in a master’s degree in teacher certification. For more information, call Iona Million at 226-3360.

Volunteer

Children’s Shelter seeks families

The Children’s Shelter seeks new foster and adoptive parents to care for children in Texas. Children’s ages range from newborn to 17 years old. The Children’s Shelter is a nationally accredited agency that provides a safe haven and emergency care for children who have been abused, abandoned or neglected. For more information, call Alejandra Chavez at 212-2500, ext. 6701 or e-mail achavez@chshel.org.

Girl Scouts need volunteers

Girl Scouts in the San Antonio area are looking for adult volunteers to become troop leaders, event planners and board members for the Cole service unit located on Fort Sam Houston. Volunteers are needed to help build girls with courage, confidence and character, who will make the world a better place. People with a particular interest or talent could make a big difference in the life of a young girl. Volunteers do not have to have a daughter to help. For more information, call Sandi Juni at 257-9319 or Maria Forte at 221-6277.

USO seeks volunteers

The United Services Organization Council of San Antonio has volunteer positions available in the following areas: the airport reception center, the downtown community center, events and programs, and the business office. For more information, call Julie Nichols at 227-9373, ext.12 or e-mail jnichols@alamouso.org.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail **news.leader@samhouston.army.mil** or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



For Sale: Bassett coffee table and two matching end tables, \$95; M-5 Stuart Tank motorized remote control, with battery charger, \$75; Whirlpool refrigerator, 20.9 cubic feet, seven years old, \$215; lawn mower, bagging, mulching, side discharge, rear bag, \$50. Call 478-0322.

For Sale: Twin bed, metal frame with yellow, blue and red, new mattress, \$50 obo; three lounge chair cushions, \$5 each; one box full of girls clothing, sizes 10 to 14 slim, \$50; area rug for a girl’s room, purple with yellow princess crown, \$15; PlayStation with 13 boy’s games rated E+T, \$15. Call 491-5910.

For Sale: 1994 Plymouth Voyager van, quad seats, seven passenger, front and rear ac, power windows and locks, V6, 138K miles, \$2,890. Call 490-8786.

For Sale: White kitchen stove, works

great, \$100 obo; white refrigerator, 9.5 cubic feet, \$50 obo. Call 563-5705.

For Sale: Several small desks, \$17 to \$148; dresser and chest of drawers, solid wood, \$310; full-size bed with mattress, box springs and frame, \$125; Ultra Tech all-terrain mountain bike, \$65; bike helmets, \$20. Call 313-0061.

For Sale: Whirlpool dryer, \$100; garden wagon, like new, \$35; contractor-size wheelbarrow, \$25; Polar portable icemaker, new, \$125. Call 490-5240 or 213-2182.

For Sale: 1982 Coachman trailer, 21.5 feet, gutted, new walls and floor, with many amenities, great for deer lease or to set on property. Call 667-3458.

For Sale: Dog house, white igloo shaped, \$40 obo; dog kennel, blue, for large dog up to 80 pounds or more, \$40 obo; two large auto-

matic feeders for food and water, holds 10 pounds of food, great shape, travel food bowl, dog treats, two dog leashes and dog collar, make offer. Call 777-5004 or 772-1870.

For Sale: Cherry wood bedroom set, eight pieces, includes dresser with mirror, five drawer chest, queen sleigh bed with side rails, dresser chest and nightstand, mattresses included, \$1,800 obo. Call 826-7434.

For Sale: 2004 Harley Davidson Stardard soft tail, 1,450cc, many extras, \$1,700. Call 316-4363 on weekends.

For Sale: Black metal corner computer desk and hutch with rolling chair, perfect for a child’s bedroom, \$100; full and twin black futon bunk bed, with twin mattress and full size black futon mattress, \$300. Call Lydia at 657-5164.

For Sale: King-size mattress, \$200; cherry wood sofa table \$20; pack and play,

\$25; high chair, \$10; wedge seat, \$20; double stroller, \$5. Call 824-6360.

For Sale: Swinging wooden baby cradle with mattress, \$30; baby saucer walker, farm theme, \$10; Jeep double stroller, \$70; Eddie Bauer pack and play with night light and changing table, \$70; several infant clothes, sizes 0 to 12 months. Call 826-3791.

For Sale: Sofa, \$195; basketball goal, \$60; lamps, \$15 each; dinette table, \$125; treadmill, \$50. Call 648-9211.

Moving/Estate Sale: Friday from 8 a.m. to 2 p.m. and Saturday from 8 a.m. to 12 p.m. Furniture, crystal, dishes, Christmas items, crafts, sewing, furniture and rugs. 3457 Rock Hill View, Schertz, Texas. Call 262-5501.

Free to Good Home: Kittens, eight weeks old, cute and cuddly. Call 777-5004 or 772-1870.